GREATER MUMBAI AMATEUR AQUATIC ASSOCIATION

12th April, 2016

To
The Secretaries/Managers,
Affiliated Clubs/Units/Institutions

Dear Sirs.

Sub: Annual Sub. Jr. and Junior Aquatic Meet cum Selection Trial - 2016

The G.M.A.A.A. will be conducting its Annual Sub-Junior & Junior District Aquatic Meet cum Selection Trial for the State Meet for Swimming & Diving events and Water polo.

Details of the Meet are as under:

SWIMMING MEET

Dates of the Meet : Friday 6th, Saturday 7th & Sunday 8th May 2016

Venue : Tata Power Swimming Pool,

Tata Electric Officers Colony,

Aziz Baug, Chembur, Mumbai: 400074.

Timings : Warm-up : 6.00 A.M (for swimmers participating in

1500 Free for Boys/Girls Group I

on 6-5-2016, 800 Free for Boys/Girls I on on 7-5-2016 and 1500 Free for Boys/Girls

II on 8-5-2016)

Starting : 6.30 A.M (1500 Free for Boys/Girls I

on 6-5-2016, 800 Free for Boys/Girls I on 7-5-2016 and 1500 Free for Boys/Girls

II on 8-5-2016)

Warm-up: 7.30 am for remaining events on 6-5-2016

7.00 am for remaining events on 7-5-2016 7.30 am for remaining events on 8-5-2016

Starting : 8.15 am for remaining events on 6-5-2016

7.45 am for remaining events on 7-5-2016 8.15 am for remaining events on 8-5-2016

Entry Rules : A swimmer shall be allowed to enter in

Group I & II : Maximum 5 Individual Events Group III : Maximum 4 Individual Events

Group IV : No restriction

Swimmers who desire to swim Time Trial for relay selection should give entry and pay entry fee accordingly. Please note, no spot entry for relay selection will be accepted.

Entry Fees

Rs.60/- per individual event

Rs.150/- per team for Swimming Relay event

Entry Submission to:

Shri Zarir Baliwalla

Baliwalla & Homi Pvt.Ltd.

614, Jagannath Shankarsheth Marg

Dhobitalao Main Road, Next to Anjuman Fire Temple

Mumbai - 400 002

Tel No: 22035374 or 9820021749

Dates & Time for

Tuesday 19th April to Friday 22nd April 2016.

Entry Submission

:

:

12.00 noon to 6.00 p.m.,

Affiliation

Annual Club/Institution Affiliation fee of Rs.5000/- for the year 2016-17 should be forwarded along with entry fee if not paid already, failing which entry will not be accepted.

Registration

Entries of only registered swimmers & divers of GMAAA will be accepted. Swimmers'/Divers'/Water polo players' entries should be sent along with annual registration fee of Rs.500/- each on Club's / Institution's letterhead, if not already paid.

Selection

Committee Meeting

A Selection Committee meeting will be held on

Sunday, 8th May, 2016, after conclusion of the swimming events, to select GMAAA's swimming team for MSAA Meet. Team Managers/Coaches of affiliated units are requested to attend this meeting to inform selection

committee about the availability of their selected swimmers

for the State Meet.

Venue for MSAAA:

Age Group Meet

The venue for the MSAAA Age Group Meet is yet to

to be finalized

Dates for MSAAA:

Friday 3rd June to Sunday 5th June 2016.

Age Group Meet

National Meets :

Sub -Junior National Meet will be held at Bengaluru

from 29th June to 2nd July 2016

Junior National Meet will be held at Bengaluru from

5th to 9th July 2016.

DIVING MEET

Date of the Meet : Friday - 13th May, 2016

Venue : P.M. Hindu Bath, Netaji Subhash Road, Chowpatty

Mumbai - 400 007.

Entry Fees : Rs.60/- per individual event

Entry Submission to : Shri Zarir Baliwalla

Baliwalla & Homi Pvt.Ltd.

614, Jagannath Shankarsheth Marg

Dhobitalao Main Road, Next to Anjuman Fire Temple

Mumbai - 400 002

Tel No: 22035374 or 9820021749

Days & Timings for: Tuesday 19th April to Friday 22nd April 2016.

Entry Submission : 12.00 noon to 6.00 p.m.,

WATER POLO

Dates of the Meet : 3rd/4th/9th/10th May, 2016

Venue : P.M.Hindu Bath, Netaji Subhash Road, Chowpatty

Mumbai - 400 007.

Entry Fees : Rs.500/- per team

Entry Submission to : Shri Zarir Baliwalla

Baliwalla & Homi Pvt.Ltd.

614, Jagannath Shankarsheth Marg

Dhobitalao Main Road, Next to Anjuman Fire Temple

Mumbai - 400 002

Tel No: 22035374 or 9820021749

Days & Timings for: Tuesday 19th April to Friday 22nd April 2016.

Entry Submission : 12.00 noon to 6.00 p.m.,

IMPORTANT ENTRY RULES:

- 1. In Swimming & Diving Events, Competitors shall take part in their own age group only. Please indicate latest recorded time of swimmer for individual events.
- 2. Entries will be accepted only from those Swimming Pools / Clubs/Institutions which are affiliated to G.M.A.A. and from those competitors who are registered with G.M.A.A. for the year 2016 2017.
- 3. LATE ENTRIES and SPOT ENTRIES will not be entertained.
- 4. Events / Results will be determined on Time Trial Basis.

ENTRY FORMS:

- An entry form is enclosed herewith. You are requested to use Xerox copies of entry forms.
- ➤ Kindly keep a duplicate / Xerox copy of the completed ENTRY FORM for your reference.
- ➤ Only properly completed entry forms with the name of CLUB/INSTITUTION, duly signed by the officials and stamped will be accepted.
- > USE SEPARATE ENTRY FORMS FOR BOYS AND GIRLS.
- > Entry Fees are payable in cash, or by cheque drawn A/c Payee in favour of GMAAA.

PROTEST:

A protest must be lodged in writing, duly signed by the official-in-charge of the Club/Institution, within 30 minutes after the end of the event together with protest fee of Rs. 500/-, which will be forfeited if the protest is rejected. The decision of the Jury of Appeal shall be **FINAL AND BINDING** on all the participants.

Please find enclosed List of Events, Order of Events, Entry Forms and Instructions regarding Points computation & criteria for determination of Best Swimmer in each age category together with specific circumstances under which exemption from participation in the GMAAA Age Group Meet will be considered for onward selection for State Meet.

Thanking you.

Yours Sincerely,

(PRADEEP DIVGIKAR)
Honorary General Secretary

GMAAA

Encl: a/a

G.M.A.A.A. AGE GROUP AQUATIC CHAMPIONSHIP - 2016

LIST OF SWIMMING EVENTS AGE AS ON 1-1-2016 GROUP-I (15 TO 17 YEARS) BORN DURING 1999, 2000 & 2001 SELECT ANY 5 EVENTS

	BOYS GROUP - I	GIRLS GROUP - I	
NO	EVENT	NO	EVENT
1	50 MTS. FREE STYLE	20	50 MTS. FREE STYLE
2	100 MTS. FREE STYLE	21	100 MTS. FREE STYLE
3	200 MTS. FREE STYLE	22	200 MTS, FREE STYLE
4	400 MTS. FREE STYLE	23	400 MTS. FREE STYLE
5	800 MTS. FREE STYLE	24	800 MTS. FREE STYLE
6	1500 MTS. FREE STYLE	25	1500 MTS. FREE STYLE
7	50 MTS. BREAST STROKE	26	50 MTS. BREAST STROKE
8	100 MTS. BREAST STROKE	27	100 MTS. BREAST STROKE
9	200 MTS. BREAST STROKE	28	200 MTS. BREAST STROKE
10	50 MTS. BACK STROKE	29	50 MTS. BACK STROKE
11	100 MTS. BACK STROKE	30	100 MTS. BACK STROKE
12	200 MTS. BACK STROKE	31	200 MTS. BACK STROKE
13	50 MTS. BUTTERFLY STROKE	32	50 MTS. BUTTERFLY STROKE
14	100 MTS. BUTTERFLY STROKE	33	100 MTS. BUTTERFLY STROKE
15	200 MTS. BUTTERFLY STROKE	34	200 MTS. BUTTERFLY STROKE
16	200 MTS. INDIVIDUAL MEDLEY	35	200 MTS. INDIVIDUAL MEDLEY
17	400 MTS. INDIVIDUAL MEDLEY	36	400 MTS. INDIVIDUAL MEDLEY
18	4X50 MTS. FREE STYLE RELAY	37	4X50 MTS. FREE STYLE RELAY
19	4X50 MTS. MEDLEY RELAY	38	4X50 MTS. MEDLEY RELAY

GROUP-II (13 & 14 YEARS) BORN DURING 2002 & 2003 SELECT ANY 5 EVENTS

	BOYS GROUP - II	BOYS GROUP - II	
NO	EVENT	NO	EVENT
39	50 MTS. FREE STYLE	58	50 MTS. FREE STYLE
40	100 MTS. FREE STYLE	59	100 MTS. FREE STYLE
41	200 MTS. FREE STYLE	60	200 MTS. FREE STYLE
42	400 MTS. FREE STYLE	61	400 MTS. FREE STYLE
43	800 MTS. FREE STYLE	62	800 MTS, FREE STYLE
44	1500 MTS. FREE STYLE	63	1500 MTS, FREE STYLE
45	50 MTS. BREAST STROKE	64	50 MTS. BREAST STROKE
46	100 MTS. BREAST STROKE	65	100 MTS. BREAST STROKE
47	200 MTS. BREAST STROKE	66	200 MTS. BREAST STROKE
48	50 MTS. BACK STROKE	67	50 MTS. BACK STROKE
49	100 MTS. BACK STROKE	68	100 MTS. BACK STROKE
50	200 MTS. BACK STROKE	69	200 MTS. BACK STROKE
51	50 MTS. BUTTERFLY STROKE	70	50 MTS. BUTTERFLY STROKE
52	100 MTS. BUTTERFLY STROKE	71	100 MTS. BUTTERFLY STROKE
53	200 MTS. BUTTERFLY STROKE	72	200 MTS. BUTTERFLY STROKE
54	200 MTS. INDIVIDUAL MEDLEY	73	200 MTS. INDIVIDUAL MEDLEY
55	400 MTS. INDIVIDUAL MEDLEY	74	400 MTS. INDIVIDUAL MEDLEY
56	4X50 MTS. FREE STYLE RELAY	75	4X50 MTS. FREE STYLE RELAY
57	4X50 MTS. MEDLEY RELAY	76	4X50 MTS. MEDLEY RELAY

GROUP - III (11 & 12 YEARS) BORN DURING 2004 & 2005 SELECT ANY 4 EVENTS

	BOYS GROUP - III		GIRLS GROUP - III	
NO	EVENT		NO	EVENT
77	50 MTS. FREE STYLE		89	50 MTS. FREE STYLE
78	100 MTS. FREE STYLE	Į	90	100 MTS, FREE STYLE
79	200 MTS. FREE STYLE		91	200 MTS. FREE STYLE
80	50 MTS. BREAST STROKE	I	92	50 MTS. BREAST STROKE
81	100 MTS. BREAST STROKE		93	100 MTS. BREAST STROKE
82	50 MTS. BACK STROKE		94	50 MTS. BACK STROKE
83	100 MTS. BACK STROKE	I	95	100 MTS. BACK STROKE
84	50 MTS. BUTTERFLY STROKE	Ţ	96	50 MTS. BUTTERFLY STROKE
85	100 MTS. BUTTERFLY STROKE		97	100 MTS. BUTTERFLY STROKE
86	200 MTS. INDIVIDUAL MEDLEY	I	98	200 MTS. INDIVIDUAL MEDLEY
87	4X50 MTS. FREE STYLE RELAY		99	4X50 MTS. FREE STYLE RELAY
88	4X50 MTS. MEDLEY RELAY	I	100	4X50 MTS. MEDLEY RELAY

GROUP - IV (9 & 10 YEARS) BORN DURING 2006 & 2007

	BOYS GROUP - IV GIRLS GROUP - IV		GIRLS GROUP - IV	
NO	EVENT		NO	EVENT
101	50 MTS. FREE STYLE		109	50 MTS, FREE STYLE
102	100 MTS. FREE STYLE	Ī	110	100 MTS. FREE STYLE
103	50 MTS, BREAST STROKE	I	111	50 MTS. BREAST STROKE
104	50 MTS. BACK STROKE		112	50 MTS, BACK STROKE
105	50 MTS. BUTTERFLY STROKE	I	113	50 MTS. BUTTERFLY STROKE
106	200 MTS. INDIVIDUAL MEDLEY		114	200 MTS. INDIVIDUAL MEDLEY
107	4X50 MTS. FREE STYLE RELAY		115	4X50 MTS. FREE STYLE RELAY
108	4X50 MTS. MEDLEY RELAY	I	116	4X50 MTS. MEDLEY RELAY

DIVING

GROUP - I - 16 TO 18 YEARS (BORN DURING 1998, 1999 & 2000)

	BOYS GROUP - I		GIRLS GROUP - I	
NO	EVENT	NO EVENT		
117	1 MTR, SPRING BOARD DIVING	120	I MTR. SPRING BOARD DIVING	
118	3 MTR, SPRING BOARD DIVING	121	3 MTR. SPRING BOARD DIVING	
119	HIGH BOARD DIVING	122	HIGH BOARD DIVING	

GROUP - H - 14 & 15 YEARS (BORN DURING 2001 & 2002)

	BOYS GROUP - II		GIRLS GROUP - II	
NO	EVENT	NO	EVENT	
123	I MTR. SPRING BOARD DIVING	126	I MTR. SPRING BOARD DIVING	
124	3 MTR. SPRING BOARD DIVING	127	3 MTR. SPRING BOARD DIVING	
125	HIGH BOARD DIVING	128	HIGH BOARD DIVING	

GROUP - III - 12 & 13 YEARS (BORN DURING 2003 & 2004)

	BOYS GROUP - III		GIRLS GROUP - III	
NO	EVENT	NO	EVENT	
129	I MTR. SPRING BOARD DIVING	132	1 MTR. SPRING BOARD DIVING	
130	3 MTR. SPRING BOARD DIVING	133	3 MTR. SPRING BOARD DIVING	
131	HIGH BOARD DIVING	134	HIGH BOARD DIVING	

WATER POLO

135. BOYS UNDER 18 YEARS (BORN ON OR AFTER 01-01-1998) 136. GIRLS UNDER 18 YEARS (BORN ON OR AFTER 01-01-1998)

(PRADEEP DIVGIKAR)

HONORARY GENERAL SECRETARY

GMAAA

GREATER MUMBAI AMATEUR AQUATIC ASSOCIATION SUB-JUNIOR & JUNIOR SWIMMING MEET 2016 TATA SWIMMING POOL CHEMBUR

ORDER OF EVENTS FRIDAY - 6th May 2016

WARM-UP: 6.00 AM for Sr Nos 1 &2 # STARTING TIME: 6.30 AM for Sr Nos 1 &2 # WARM-UP: 7.30 AM for Sr Nos 3 to 38 STARTING TIME: 8.15AM for Sr Nos 3 to 38

SR.NO.	EVENT	AGE GROUP
1#	1500 M Free Style	Boys Group I
2 #	1500 M Free Style	Girls Group I
3	200 M. Free Style	Boys Group - II
4	200 M. Free Style	Girls Group - II
5	200 M. Free Style	Boys Group - I
6	200 M. Free Style	Girls Group - I
7	100 M. Free Style	Boys Group - III
8	100 M. Free Style	Girls Group – III
9	50 M. Free Style	Boys Group – IV
10	50 M. Free Style	Girls Group - IV
11	200 M. Back Stroke	Boys Group – II
12	200 M. Back Stroke	Girls Group - II
13	100 M. Breast Stroke	Boys Group - I
14	100 M. Breast Stroke	Girls Group - I
15	100 M. Butterfly Stroke	Boys Group – III
16	100 M. Butterfly Stroke	Girls Group – III
17	800 M Free Style	Boys Group - II
18	800 M Free Style	Girls Group - II
	INTERVAL	
19	100 M. Breast Stroke	Boys Group – II
20	100 M. Breast Stroke	Girls Group - II
21	100 M. Butterfly Stroke	Boys Group - I
22	100 M. Butterfly Stroke	Girls Group - I
23	100 M. Breast Stroke	Boys Group – III
24	100 M. Breast Stroke	Girls Group – III
25	50 M. Back Stroke	Boys Group – IV
26	50 M. Back Stroke	Girls Group – IV
27	100 M. Butterfly Stroke	Boys Group – II
28	100 M. Butterfly Stroke	Girls Group - II
29	4 x 50 M. Medley Relay	Boys Group - I
30	4 x 50 M. Medley Relay	Girls Group - I
31	50 M. Back Stroke	Boys Group – III
32	50 M. Back Stroke	Girls Group – III
33	4 x 50 M. Medley Relay	Boys Group IV
34	4 x 50 M. Medley Relay	Girls Group – IV
35	4 x 50 M. Medley Relay	Boys Group – II
36	4 x 50 M. Medley Relay	Girls Group - II
37	50 M. Back Stroke	Boys Group - I
38	50 M. Back Stroke	Girls Group - I

(PRADEEP DIVGIKAR) HON.GENERAL SECRETARY

GREATER MUMBAI AMATEUR AQUATIC ASSOCIATION SUB-JUNIOR & JUNIOR SWIMMING MEET 2016 TATA SWIMMING POOL, CHEMBUR ORDER OF EVENTS

SATURDAY - 7TH MAY 2016

WARM-UP: 6.00 AM for Sr Nos 1 &2 # STARTING TIME: 6.30 AM for Sr Nos 1 &2 # WARM-UP: 7.00 AM for Sr Nos 3 to 38 STARTING TIME: 7.45AM for Sr Nos 3 to 38

SR.NO.	EVENT	AGE GROUP		
1 #	800 M. Free Style	Boys Group - I		
2 #	800 M. Free Style	Girls Group - I		
3	400 M. Free Style	Boys Group II		
4	400 M. Free Style	Girls Group - H		
5	50 M. Free Style	Boys Group III		
6	50 M. Free Style	Girls Group – III		
7	200 M. Individual Medley	Boys Group – IV		
8	200 M. Individual Medley	Girls Group – IV		
9	400 M. Free Style	Boys Group - I		
10	400 M. Free Style	Girls Group - I		
11	100 M. Back Stroke	Boys Group – H		
12	100 M. Back Stroke	Girls Group - II		
13	100 M. Back Stroke	Boys Group – I		
14	100 M. Back Stroke	Girls Group – I		
15	200 M. Individual Medley	Boys Group III		
16	200 M. Individual Medley	Girls Group III		
17	50 M. Free Style	Boys Group – II		
18	50 M. Free Style	Girls Group - II		
19	50 M. Free Style	Boys Group I		
20	50 M. Free Style	Girls Group - I		
INTERVAL				
21	200 M. Butterfly Stroke	Boys Group - I		
22	200 M. Butterfly Stroke	Girls Group - I		
23	200 M. Butterfly Stroke	Boys Group – H		
24	200 M. Butterfly Stroke	Girls Group - II		
25	200 M. Individual Medley	Boys Group - I		
26	200 M. Individual Medley	Girls Group - I		
27	200 M. Individual Medley	Boys Group - II		
28	200 M. Individual Medley	Girls Group - II		
29	50 M. Butterfly Stroke	Boys Group – IV		
30	50 M. Butterfly Stroke	Girls Group – IV		
31	50 M. Breast Stroke	Boys Group - I		
32	50 M. Breast Stroke	Girls Group - I		
33	50 M. Breast Stroke	Boys Group – II		
34	50 M. Breast Stroke	Girls Group - II		
35	50 M. Breast Stroke	Boys Group III		
36	50 M. Breast Stroke	Girls Group – III		
37	4 X 50 M. Free Style Relay	Boys Group II		
38	4 X 50 M. Free Style Relay	Girls Group - II		

(PRADEEP DIVGIKAR) HON.GENERAL SECRETARY

GREATER MUMBAI AMATEUR AQUATIC ASSOCIATION SUB-JUNIOR & JUNIOR SWIMMING MEET 2016 TATA SWIMMING POOL, CHEMBUR ORDER OF EVENTS

SUNDAY - 8TH MAY 2016

WARM-UP: 6.00 AM for Sr Nos 1 &2 # STARTING TIME: 6.30 AM for Sr Nos 1 &2 # WARM-UP: 7.30 AM for Sr Nos 3 to 40 STARTING TIME: 8.15AM for Sr Nos 3 to 40

SR.NO.	EVENT	AGE GROUP		
1#	1500 M. Free Style	Boys Group - II		
2 #	1500 M. Free Style	Girls Group - II		
3	100 M. Free Style	Boys Group - I		
4	100 M. Free Style	Girls Group - I		
5	100 M. Free Style	Boys Group - H		
6	100 M. Free Style	Girls Group - II		
7	100 M. Back Stroke	Boys Group – III		
8	100 M. Back Stroke	Girls Group – III		
9	100 M. Free Style	Boys Group – IV		
10	100 M. Free Style	Girls Group - IV		
11	200 M. Breast Stroke	Boys Group - I		
12	200 M. Breast Stroke	Girls Group - I		
13	200 M. Breast Stroke	Boys Group - II		
14	200 M. Breast Stroke	Girls Group - II		
15	200 M. Free Style	Boys Group – III		
16	200 M. Free Style	Girls Group – III		
17	400 M. Medley	Boys Group - I		
18	400 M. Medley	Girls Group - I		
19	400 M. Medley	Boys Group - II		
20	400 M. Medley	Girls Group - II		
	INTERVAL			
21	50 M. Breast Stroke	Boys Group IV		
22	50 M. Breast Stroke	Girls Group – IV		
23	200 M. Back Stroke	Boys Group - I		
24	200 M. Back Stroke	Girls Group - I		
25	50 M. Butterfly Stroke	Boys Group – III		
26	50 M. Butterfly Stroke	Girls Group – III		
27	50 M. Back Stroke	Boys Group - II		
28	50 M. Back Stroke	Girls Group – II		
29	50 M. Butterfly Stroke	Boys Group - I		
30	50 M. Butterfly Stroke	Girls Group - I		
31	4 X 50 M. Free Style Relay	Boys Group – IV		
32	4 X 50 M. Free Style Relay	Girls Group – IV		
33	4 X 50 M. Medley Relay	Boys Group – III		
34	4 X 50 M. Medley Relay	Girls Group – III		
35	50 M. Butterfly Stroke	Boys Group - II		
36	50 M. Butterfly Stroke	Girls Group – II		
37	4 x 50 M. Free Style Relay	Boys Group – III		
38	4 x 50 M. Free Style Relay	Girls Group – III		
39	4 X 50 M. Free Style Relay	Boys Group - I		
40	4 X 50 M. Free Style Relay	Girls Group - I		

(PRADEEP DIVGIKAR) HON.GENERAL SECRETARY

GMAAA - POINTS COMPUTATION & CRITERIA FOR DETERMINATION OF BEST SWIMMER

POINTS COMPUTATION:

- · For determination of the Best Swimmer Winner/Runner Up in each age category for Boys/Girls, the points allocated will be 7, 5, and 3 points for the top three places respectively in each individual event
- For computation of Team Championship, the points allocated will be 7, 5, 4, 3, 2, 1 for the top six places respectively in each individual event. Whereas, the corresponding points allocation for the Relays, will be 14, 10, 8, 6, 4, 2

<u>CRITERIA FOR DETERMINATION OF BEST SWIMMER – WINNER/RUNNER UP IN EACH CATEGORY FOR BOYS/GIRLS</u>

The Best Swimmer – Winner/Runner up in each category will be determined by sequentially adopting the following criteria:

- · The number of records broken/ bettered in individual events
- · The total number of points earned in individual events
- The Total number of Gold/Silver/Bronze Medals earned in individual events
- · If deadlock still persists, the honours will be shared

EXEMPTION FROM PARTICIPATION IN GMAAA AGE GROUP MEET

As you are aware, the GMAAA Age Group Meet besides being a District Championship, is also a selection trial for the MSAAA (Maharashtra State) Meet, which in turn forms the basis of selection for the Age Group Nationals conducted by the SFI (Swimming Federation of India). It is, therefore, imperative for all GMAAA swimmers to participate in the GMAAA Age Group Meet, as only top six in each event qualify for the MSAAA Meet. It has been observed over the years, that several swimmers are not participating in the GMAAA Meet citing a variety of reasons, but seek selection for participation in the MSAAA Meet on past performances (not contemporary). It has, therefore, been decided that exemption from participation in the GMAAA Age Group Meet would only be considered in the following cases and subject to conditions specified:

a) If the swimmer is required to appear for a School/Board/College/University exams on the days of the GMAAA Age Group Meet provided adequate proof is produced to show that the exam dates clash with the GMAAA Age Group Meet. Swimmers seeking exemption must ensure that their entries are sent by their respective clubs/units/institutions for the GMAAA Age Group Meet in the events that they desire to be considered for selection for the MSAAA Meet. They are also required to make an application well in advance before the GMAAA Meet with

their most recent timings (not older than 3 months from the GMAAA Age Group Meet) recorded in a competition supported by a Certificate.

- b) If a swimmer falls ill or suffers an injury before/during the GMAAA Age Group Meet, thus preventing him/her from participating in the Meet, provided he/she produces a Medical Certificate in support of the same. Swimmers seeking exemption must ensure that their entries are sent by their respective clubs/units/institutions for the GMAAA Age Group Meet in the events that they desire to be considered for selection for the MSAAA Meet. In cases where the illness or injury has been suffered before the GMAAA Meet, they are also required to make an application well in advance with their most recent timings (not older than 3 months from the GMAAA Age Group Meet) recorded in a competition supported by a Certificate.
- c) If the swimmer is undergoing training in a National Camp organized by the SFI or is participating in an international meet as a member of the Indian team at or around the same time as the GMAAA Age Group Meet. Swimmers seeking exemption must ensure that their entries are sent by their respective clubs/units/institutions for the GMAAA Age Group Meet in the events that they desire to be considered for selection for the MSAAA Meet. They are also required to make an application well in advance before the GMAAA Meet with their most recent timings (not older than 3 months from the GMAAA Age Group Meet) recorded in a competition supported by a Certificate.
- d) If the swimmer is undergoing training overseas at the time of the GMAAA Age Group Meet, provided his/her timings recorded in a recognized competition (long course) conducted before the GMAAA Age Group Meet, are available on a website for verification of current (contemporary) performances. Alternatively, they are required to submit their most recent timings recorded in any swimming meet in India (not older than 3 months from the GMAAA Age Group Meet) supported by a Certificate. Swimmers seeking exemption must ensure that their entries are sent by their respective clubs/units/institutions for the GMAAA Age Group Meet in the events that they desire to be considered for selection for the MSAAA Meet. They are also required to make an application well in advance before the GMAAA Age Group Meet intimating the country/club they desire to visit and coach under whom they would be training.

It is an earnest request to all the constituents of GMAAA to carefully read the above instructions and ensure their diligent adherence and compliance to ensure that the swimmers concerned are not put through any hardships in their pursuit of excellence.

(PRADEEP DIVGIKAR)

Hon. General Secretary - GMAAA