GREATER MUMBAI AMATEUR AQUATIC ASSOCIATION

27th April, 2022

To
The Secretaries/Managers,
Affiliated Clubs/Units/Institutions

Dear Sirs,

Sub: Annual Sub Jr. and Junior Aquatic Meet cum Selection Trial - 2022

The GMAAA will be conducting its Annual Sub-Junior & Junior District Aquatic Meet cum Selection Trial for the State Meet for Swimming & Diving events and Water polo. Details of the Meet are as under:

SWIMMING MEET

Dates of the Meet : Saturday 14th, Sunday 15th & Monday 16th May 2022

Venue : The Celebration Sports Club Swimming Pool,

Garden No. 5, Lokhandwala Complex, Andheri West. Mumbai: 400053.

Timings : Warm-up : 6.00 A.M (for swimmers participating in

1500 Free for Boys/Girls Group I

on 14-5-2022, 800 Free for Boys/Girls I on on 15-5-2022 and 1500 Free for Boys/Girls

II on 16-5-2022)

Starting : 6.30 A.M (1500 Free for Boys/Girls I

on 14-5-2022, 800 Free for Boys/Girls I on 15-5-2022 and 1500 Free for Boys/Girls

II on 16-5-2022)

Warm-up : 7.30 am for remaining events on 14-5-2022

7.00 am for remaining events on 15-5-2022 7.30 am for remaining events on 16-5-2022

Starting : 8.15 am for remaining events on 14-5-2022

7.45 am for remaining events on 15-5-2022 8.15 am for remaining events on 16-5-2022

Entry Rules : A swimmer shall be allowed to enter in a

Maximum of 5 Individual Events in Groups I, II, & III

Swimmers who desire to swim Time Trial for relay selection

should submit entry and pay entry fee accordingly.

Please note, no spot entry for relay selection will be accepted.

Entry Fees : Rs.75/- per Individual event

Rs.200/- per team for Swimming Relay event

Entry Submission to: Shri Kishore Shetty/Shri Patel

Poinsur Gymkhana Canteen. Poinsur Gymkhana Marg, Poinsur,

Subhashchandra Bose Kridangan, Kandivali West,

Mumbai - 400 067

Tel No: 98200 95537 (Shri Patel) Shri Kishore Shetty – 98200 95537

Dates & Time for

From Monday 2nd May to Saturday 7th May 2022

Entry Submission :

11.00 am to 7.00 p.m

Affiliation : Annual Club/Institution Affiliation fee of Rs.5000/- for the

year 2022-23 should be forwarded along with entry fee if not

paid already, failing which entry will not be accepted.

Registration : Entries of only registered swimmers & divers of GMAAA

will be accepted. Swimmers'/Divers'/Water polo players' entries should be sent along with annual Registration fee of Rs.500/- each on Club's / Institution's letterhead, if

not already paid.

Selection : A Selection Committee meeting will be held on

Committee Meeting Monday, 16th May, 2022, after conclusion of the swimming

events, to select GMAAA's swimming team for the State Meet. Team Managers/Coaches of affiliated units are requested to attend this meeting to inform selection committee about the availability of their selected swimmers

for the State Meet.

Venue for State
Age Group Meet

The State Age Group Meet 2022 will be held at the Balewadi Swimming Complex, Pune – Yet to be

Confirmed.

Dates for State
Age Group Meet

: From Friday 27th May to Sunday 29th May 2022

- Yet to be confirmed

National Meets : Sub Junior Swimming along with Sub Junior & Junior Diving

National Meet will be held in Rajkot from 24th to 26th June 2022 at

the Sardar Vallabhbhai Patel Swimming Pool

Junior Swimming & Water polo National Meet will be held in

Bhubaneshwar from 16th to 20th July 2022 at the Biju Patnaik Swimming

Pool cum Sports Complex, Kalinga Stadium

DIVING MEET

Date of the Meet : Saturday, 15th May, 2022 & Sunday, 16th May 2022.

(from 12.30 pm to 4 pm on both days)

Venue : CSMSS. Prabodhan Thackeray Krida Sankulan, Shivaji

chowk, Vile Parle East, Mumbai -57

Entry Fees : Rs.75/- per individual event

Entry Submission to : Shri Rishi Gullapalli

Bldg. No 131/7

Western Railway colony

Santacruz (west). Mumbai 400054

Tel No: 98696 57789

Dates & Time for : From Monday 2nd May to Saturday 7th May 2022

Entry Submission : 11.00 am to 7.00 p.m

WATER POLO

Dates of the Meet: From Monday 9th May to Thursday 12th May, 2022

Venue : P.M.Hindu Bath, Netaji Subhash Road, Chowpatty,

Mumbai – 400007

Entry Fees : Rs.500/- per team

Entry Submission to : Shri Kishore Shetty/Shri Patel

Poinsur Gymkhana Canteen. Poinsur Gymkhana Marg, Poinsur,

Subhashchandra Bose Kridangan, Kandivali West,

Mumbai - 400 067

Tel No: 98200 95537 (Shri Patel) Shri Kishore Shetty – 98200 95537

Dates & Time for : From Monday 2nd May to Saturday 7th May 2022

11.00 am to 7.00 p.m

Entry Submission

IMPORTANT ENTRY RULES:

- 1. In Swimming & Diving Events, Competitors shall take part in their own age group only. Please indicate latest recorded time of swimmer for individual events.
- 2. Entries will be accepted only from those Swimming Pools / Clubs/Institutions which are affiliated to GMAAA and from those competitors who are registered with G.M.A.A.A. for the year 2022 2023.
- 3. LATE ENTRIES and SPOT ENTRIES shall not be entertained.
- 4. Events / Results will be determined on Time Trial Basis.

ENTRY FORMS:

- An entry form is enclosed herewith. You are requested to take and use Xerox copies of entry forms as per your requirement.
- ➤ Kindly keep a duplicate / Xerox copy of the completed ENTRY FORM for your reference.
- Only properly completed entry forms with the name of CLUB/INSTITUTION, duly signed by the officials and stamped will be accepted.
- > USE SEPARATE ENTRY FORMS FOR BOYS AND GIRLS.
- Entry Fees are payable in cash, or by cheque drawn A/c Payee in favour of 'Greater Mumbai Amateur Aquatic Association'

PROTEST:

A protest must be lodged in writing, duly signed by the official-in-charge of the Club/Institution, within 30 minutes after the end of the event or announcement of the result (whichever is later) together with protest fee of Rs. 500/-, which will be forfeited if the protest is rejected. The decision of the Jury of Appeal shall be FINAL AND BINDING on all the participants.

Please find enclosed List of Events, Order of Events, Entry Forms and Instructions regarding Points computation & criteria for determination of Best Swimmer in each age category together with specific circumstances under which exemption from participation in the GMAAA Age Group Meet will be considered for onward selection for State Meet.

Thanking you.

Yours Sincerely,

Suddel

(SNEHAL BHAL) Honorary General Secretary – GMAAA Encl:a/a

GMAAA AGE GROUP AQUATIC CHAMPIONSHIP - 2022

LIST OF SWIMMING EVENTS AGE AS ON 1-1-2022 GROUP-I (15 TO 17 YEARS) BORN IN 2005, 2006 & 2007 SELECT ANY 5 INDIVIDUAL EVENTS

	BOYS GROUP - I	GIRLS GROUP - I	
No.	EVENT	No.	EVENT
1	50 MTS. FREE STYLE	20	50 MTS. FREE STYLE
2	100 MTS. FREE STYLE	21	100 MTS. FREE STYLE
3	200 MTS. FREE STYLE	22	200 MTS. FREE STYLE
4	400 MTS. FREE STYLE	23	400 MTS. FREE STYLE
5	800 MTS. FREE STYLE	24	800 MTS. FREE STYLE
6	1500 MTS. FREE STYLE	25	1500 MTS. FREE STYLE
7	50 MTS. BREAST STROKE	26	50 MTS. BREAST STROKE
8	100 MTS. BREAST STROKE	27	100 MTS. BREAST STROKE
9	200 MTS. BREAST STROKE	28	200 MTS. BREAST STROKE
10	50 MTS. BACK STROKE	29	50 MTS. BACK STROKE
11	100 MTS. BACK STROKE	30	100 MTS. BACK STROKE
12	200 MTS. BACK STROKE	31	200 MTS. BACK STROKE
13	50 MTS. BUTTERFLY STROKE	32	50 MTS. BUTTERFLY STROKE
14	100 MTS. BUTTERFLY STROKE	33	100 MTS. BUTTERFLY STROKE
15	200 MTS. BUTTERFLY STROKE	34	200 MTS. BUTTERFLY STROKE
16	200 MTS. INDIVIDUAL MEDLEY	35	200 MTS. INDIVIDUAL MEDLEY
17	400 MTS. INDIVIDUAL MEDLEY	36	400 MTS. INDIVIDUAL MEDLEY
18	4X50 MTS. FREE STYLE RELAY	37	4X50 MTS. FREE STYLE RELAY
19	4X50 MTS. MEDLEY RELAY	38	4X50 MTS. MEDLEY RELAY

GROUP-II (12 TO 14 YEARS) BORN IN 2008, 2009 & 2010 SELECT ANY 5 INDIVIDUAL EVENTS

	BOYS GROUP - II	GIRLS GROUP - II	
No.	EVENT	No.	EVENT
39	50 MTS. FREE STYLE	58	50 MTS. FREE STYLE
40	100 MTS. FREE STYLE	59	100 MTS. FREE STYLE
41	200 MTS. FREE STYLE	60	200 MTS. FREE STYLE
42	400 MTS. FREE STYLE	61	400 MTS. FREE STYLE
43	800 MTS. FREE STYLE	62	800 MTS. FREE STYLE
44	1500 MTS. FREE STYLE	63	1500 MTS. FREE STYLE
45	50 MTS. BREAST STROKE	64	50 MTS. BREAST STROKE
46	100 MTS. BREAST STROKE	65	100 MTS. BREAST STROKE
47	200 MTS. BREAST STROKE	66	200 MTS. BREAST STROKE
48	50 MTS. BACK STROKE	67	50 MTS. BACK STROKE
49	100 MTS. BACK STROKE	68	100 MTS. BACK STROKE
50	200 MTS. BACK STROKE	69	200 MTS. BACK STROKE
51	50 MTS. BUTTERFLY STROKE	70	50 MTS. BUTTERFLY STROKE
52	100 MTS. BUTTERFLY STROKE	71	100 MTS. BUTTERFLY STROKE
53	200 MTS. BUTTERFLY STROKE	72	200 MTS. BUTTERFLY STROKE
54	200 MTS. INDIVIDUAL MEDLEY	73	200 MTS. INDIVIDUAL MEDLEY
55	400 MTS. INDIVIDUAL MEDLEY	74	400 MTS. INDIVIDUAL MEDLEY
56	4X50 MTS. FREE STYLE RELAY	75	4X50 MTS. FREE STYLE RELAY
57	4X50 MTS. MEDLEY RELAY	76	4X50 MTS. MEDLEY RELAY

GROUP - III (10-11 YEARS) BORN IN 2011& 2012 SELECT ANY 5 INDIVIDUAL EVENTS

	BOYS GROUP - III	GIRLS GROUP - III	
No.	EVENT	No.	EVENT
77	50 MTS. FREE STYLE	90	50 MTS. FREE STYLE
78	100 MTS. FREE STYLE	91	100 MTS. FREE STYLE
79	200 MTS. FREE STYLE	92	200 MTS. FREE STYLE
80	400 MTS. FREE STYLE	93	400 MTS. FREE STYLE
81	50 MTS. BREAST STROKE	94	50 MTS. BREAST STROKE
82	100 MTS. BREAST STROKE	95	100 MTS. BREAST STROKE
83	50 MTS. BACK STROKE	96	50 MTS. BACK STROKE
84	100 MTS. BACK STROKE	97	100 MTS. BACK STROKE
85	50 MTS. BUTTERFLY STROKE	98	50 MTS. BUTTERFLY STROKE
86	100 MTS. BUTTERFLY STROKE	99	100 MTS. BUTTERFLY STROKE
87	200 MTS. INDIVIDUAL MEDLEY	100	200 MTS. INDIVIDUAL MEDLEY
88	4X50 MTS. FREE STYLE RELAY	101	4X50 MTS. FREE STYLE RELAY
89	4X50 MTS. MEDLEY RELAY	102	4X50 MTS. MEDLEY RELAY

DIVING

GROUP - I - 16 TO 18 YEARS (BORN IN 2004, 2005 & 2006)

BOYS GROUP - I		GIRLS GROUP - I	
No.	EVENT	No. EVENT	
103	1 MTR. SPRING BOARD DIVING	106	1 MTR. SPRING BOARD DIVING
104	3 MTR. SPRING BOARD DIVING	107	3 MTR. SPRING BOARD DIVING
105	HIGH BOARD DIVING	108	HIGH BOARD DIVING

GROUP - II - 14 & 15 YEARS (BORN IN 2007 & 2008)

	BOYS GROUP - II		GIRLS GROUP - II	
No.	EVENT	No. EVENT		
109	1 MTR. SPRING BOARD DIVING	112	1 MTR. SPRING BOARD DIVING	
110	3 MTR. SPRING BOARD DIVING	113	3 MTR. SPRING BOARD DIVING	
111	HIGH BOARD DIVING	114	HIGH BOARD DIVING	

GROUP - III - 12 & 13 YEARS (BORN IN 2009 & 2010)

	BOYS GROUP - III		GIRLS GROUP - III	
No.	EVENT	No.	EVENT	
115	1 MTR. SPRING BOARD DIVING	118	1 MTR. SPRING BOARD DIVING	
116	3 MTR. SPRING BOARD DIVING	119	3 MTR. SPRING BOARD DIVING	
117	HIGH BOARD DIVING	120	HIGH BOARD DIVING	

WATER POLO

- 121. BOYS UNDER 17 YEARS (BORN ON OR AFTER 01-01-2005)
- 122. GIRLS UNDER 17 YEARS (BORN ON OR AFTER 01-01-2005)

Suddel.

(SNEHAL BHAL) HONORARY GENERAL SECRETARY GMAAA

GREATER MUMBAI AMATEUR AQUATIC ASSOCIATION SUB-JUNIOR & JUNIOR SWIMMING MEET 2022 CELEBRATION SPORTS CLUB SWIMMING POOL, ANDHERI ORDER OF EVENTS

SATURDAY - 14th May 2022

WARM-UP: 6.00 AM for Sr Nos 1 &2 # STARTING TIME: 6.30 AM for Sr Nos 1 &2 # STARTING TIME: 8.15AM for Sr Nos 3 to 34

Sr.No.	EVENT	AGE GROUP
1 #	1500 M Free Style	Boys Group I
2 #	1500 M Free Style	Girls Group I
3	200 M. Free Style	Boys Group - II
4	200 M. Free Style	Girls Group - II
5	200 M. Free Style	Boys Group - I
6	200 M. Free Style	Girls Group - I
7	100 M. Free Style	Boys Group – III
8	100 M. Free Style	Girls Group – III
9	200 M. Back Stroke	Boys Group – II
10	200 M. Back Stroke	Girls Group - II
11	100 M. Breast Stroke	Boys Group - I
12	100 M. Breast Stroke	Girls Group - I
13	100 M. Butterfly Stroke	Boys Group – III
14	100 M. Butterfly Stroke	Girls Group – III
15	800 M Free Style	Boys Group - II
16	800 M Free Style	Girls Group - II
17	400 M Free Style	Boys Group III
18	400 M Free Style	Girls Group III
	INTERVAL	
19	100 M. Breast Stroke	Boys Group – II
20	100 M. Breast Stroke	Girls Group - II
21	100 M. Butterfly Stroke	Boys Group - I
22	100 M. Butterfly Stroke	Girls Group - I
23	100 M. Breast Stroke	Boys Group – III
24	100 M. Breast Stroke	Girls Group – III
25	100 M. Butterfly Stroke	Boys Group – II
26	100 M. Butterfly Stroke	Girls Group - II
27	4 x 50 M. Medley Relay	Boys Group - I
28	4 x 50 M. Medley Relay	Girls Group - I
29	50 M. Back Stroke	Boys Group – III
30	50 M. Back Stroke	Girls Group – III
31	4 x 50 M. Medley Relay	Boys Group – II
32	4 x 50 M. Medley Relay	Girls Group - II
33	50 M. Back Stroke	Boys Group - I
34	50 M. Back Stroke	Girls Group - I

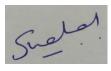


GREATER MUMBAI AMATEUR AQUATIC ASSOCIATION SUB-JUNIOR & JUNIOR SWIMMING MEET 2022 CELEBRATION SPORTS CLUB SWIMMING POOL, ANDHERI ORDER OF EVENTS

SUNDAY - 15TH MAY 2022

WARM-UP: 6.00 AM for Sr Nos 1 &2 # STARTING TIME: 6.30 AM for Sr Nos 1 &2 # STARTING TIME: 7.45AM for Sr Nos 3 to 34

Sr.No.	EVENT	AGE GROUP
1 #	800 M. Free Style	Boys Group - I
2 #	800 M. Free Style	Girls Group - I
3	400 M. Free Style	Boys Group – II
4	400 M. Free Style	Girls Group - II
5	50 M. Free Style	Boys Group – III
6	50 M. Free Style	Girls Group – III
7	400 M. Free Style	Boys Group - I
8	400 M. Free Style	Girls Group - I
9	100 M. Back Stroke	Boys Group – II
10	100 M. Back Stroke	Girls Group - II
11	100 M. Back Stroke	Boys Group – I
12	100 M. Back Stroke	Girls Group – I
13	200 M. Individual Medley	Boys Group III
14	200 M. Individual Medley	Girls Group III
15	50 M. Free Style	Boys Group – II
16	50 M. Free Style	Girls Group - II
17	50 M. Free Style	Boys Group – I
18	50 M. Free Style	Girls Group - I
	INTERVAL	
19	200 M. Butterfly Stroke	Boys Group - I
20	200 M. Butterfly Stroke	Girls Group - I
21	200 M. Butterfly Stroke	Boys Group – II
22	200 M. Butterfly Stroke	Girls Group - II
23	200 M. Individual Medley	Boys Group - I
24	200 M. Individual Medley	Girls Group - I
25	200 M. Individual Medley	Boys Group - II
26	200 M. Individual Medley	Girls Group - II
27	50 M. Breast Stroke	Boys Group - I
28	50 M. Breast Stroke	Girls Group - I
29	50 M. Breast Stroke	Boys Group – II
30	50 M. Breast Stroke	Girls Group - II
31	50 M. Breast Stroke	Boys Group – III
32	50 M. Breast Stroke	Girls Group – III
33	4 X 50 M. Free Style Relay	Boys Group – II
34	4 X 50 M. Free Style Relay	Girls Group - II

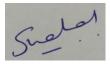


GREATER MUMBAI AMATEUR AQUATIC ASSOCIATION SUB-JUNIOR & JUNIOR SWIMMING MEET 2022 CELEBRATION SPORTS CLUB SWIMMING POOL, ANDHERI ORDER OF EVENTS

MONDAY - 16TH MAY 2022

WARM-UP: 6.00 AM for Sr Nos 1 &2 # STARTING TIME: 6.30 AM for Sr Nos 1 &2 # STARTING TIME: 8.15AM for Sr Nos 3 to 34

Sr.No.	EVENT	AGE GROUP
1 #	1500 M. Free Style	Boys Group - II
2 #	1500 M. Free Style	Girls Group - II
3	100 M. Free Style	Boys Group - I
4	100 M. Free Style	Girls Group - I
5	100 M. Free Style	Boys Group - II
6	100 M. Free Style	Girls Group - II
7	100 M. Back Stroke	Boys Group – III
8	100 M. Back Stroke	Girls Group – III
9	200 M. Breast Stroke	Boys Group - I
10	200 M. Breast Stroke	Girls Group - I
11	200 M. Breast Stroke	Boys Group - II
12	200 M. Breast Stroke	Girls Group - II
13	200 M. Free Style	Boys Group – III
14	200 M. Free Style	Girls Group – III
15	400 M. Medley	Boys Group - I
16	400 M. Medley	Girls Group - I
17	400 M. Medley	Boys Group - II
18	400 M. Medley	Girls Group - II
	INTERVAL	
19	200 M. Back Stroke	Boys Group - I
20	200 M. Back Stroke	Girls Group - I
21	50 M. Butterfly Stroke	Boys Group – III
22	50 M. Butterfly Stroke	Girls Group – III
23	50 M. Back Stroke	Boys Group - II
24	50 M. Back Stroke	Girls Group – II
25	50 M. Butterfly Stroke	Boys Group - I
26	50 M. Butterfly Stroke	Girls Group - I
27	4 X 50 M. Medley Relay	Boys Group – III
28	4 X 50 M. Medley Relay	Girls Group – III
29	50 M. Butterfly Stroke	Boys Group - II
30	50 M. Butterfly Stroke	Girls Group – II
31	4 X 50 M. Free Style Relay	Boys Group - I
32	4 X 50 M. Free Style Relay	Girls Group - I
33	4 x 50 M. Free Style Relay	Boys Group – III
34	4 x 50 M. Free Style Relay	Girls Group – III



(SNEHAL BHAL) HON.GENERAL SECRETARY GMAAA

<u>GMAAA - POINTS COMPUTATION & CRITERIA FOR DETERMINATION OF BEST</u> SWIMMER

POINTS COMPUTATION:

- For determination of the Best Swimmer Winner/Runner Up in Men/Women or in each age category for Boys/Girls, the points allocated will be 7, 5, and 3 points for the top three places respectively in each individual event
- For computation of Team Championship, the points allocated will be 7, 5, 4, 3, 2, 1 for the top six places respectively in each individual event. Whereas, the corresponding points allocation for the Relays, will be 14, 10, 8, 6, 4, 2

<u>CRITERIA FOR DETERMINATION OF BEST SWIMMER – WINNER/RUNNER UP IN EACH</u> CATEGORY FOR MEN/WOMEN & BOYS/GIRLS

The Best Swimmer – Winner/Runner up in each category will be determined by sequentially adopting the following criteria:

- The number of records broken/ bettered in individual events
- The total number of points earned in individual events
- The Total number of Gold/Silver/Bronze Medals earned in individual events
- If deadlock still persists, the honours will be shared

EXEMPTION FROM PARTICIPATION IN GMAAA SENIOR/ AGE GROUP MEET

As you are aware, the GMAAA Senior/ Age Group Meet besides being a District Championship, is also a selection trial for the SAM (Maharashtra State) Meet, which in turn forms the basis of selection for the Senior/Age Group Nationals conducted by the SFI (Swimming Federation of India). It is, therefore, imperative for all GMAAA swimmers to participate in the GMAAA Senior/Age Group Meet, as only top six/four in each event qualify for the State Meet. It has been observed over the years, that several swimmers are not participating in the GMAAA Meet citing a variety of reasons, but seek selection for participation in the State Meet on past performances (not contemporary). It has, therefore, been decided that exemption from participation in the GMAAA Senior/Age Group Meet would only be considered in the following cases and subject to conditions specified:

- a) If the swimmer is required to appear for a School/Board/College/University exams on the days of the GMAAA Senior/Age Group Meet provided adequate proof is produced to show that the exam dates clash with the GMAAA Senior/Age Group Meet. Swimmers seeking exemption must ensure that their entries are sent by their respective clubs/units/institutions for the GMAAA Senior/Age Group Meet in the events that they desire to be considered for selection for the State Meet. They are also required to make an application well in advance before the GMAAA Meet with their most recent timings (not older than 3 months from the GMAAA Senior/ Age Group Meet) recorded in a competition supported by a Certificate.
- b) If a swimmer falls ill or suffers an injury before/during the GMAAA Senior/Age Group Meet, thus preventing him/her from participating in the Meet, provided he/she produces a Medical Certificate in support of the same. Swimmers seeking exemption must ensure that their entries are sent by their respective clubs/units/institutions for the GMAAA Senior/Age Group Meet in the events that they desire to be considered for selection for the State Meet. In cases where the illness or injury has been suffered

before the GMAAA Meet, they are also required to make an application well in advance with their most recent timings (not older than 3 months from the GMAAA Senior/Age Group Meet) recorded in a competition supported by a Certificate.

- c) If the swimmer is undergoing training in a National Camp organized by the SFI or is participating in a national level meet or an international meet as a member of the Indian team at or around the same time as the GMAAA Senior/Age Group Meet. Swimmers seeking exemption must ensure that their entries are sent by their respective clubs/units/institutions for the GMAAA Senior/Age Group Meet in the events that they desire to be considered for selection for the State Meet. They are also required to make an application well in advance before the GMAAA Meet with their most recent timings (not older than 3 months from the GMAAA Senior/Age Group Meet) recorded in a competition supported by a Certificate.
- d) If the swimmer is undergoing training overseas at the time of the GMAAA Senior/Age Group Meet, provided his/her timings recorded in a recognized competition (long course) conducted before the GMAAA Senior/Age Group Meet, are available on a website for verification of current (contemporary) performances. Alternatively, they are required to submit their most recent timings recorded in any swimming meet in India (not older than 3 months from the GMAAA Senior/Age Group Meet) supported by a Certificate. Swimmers seeking exemption must ensure that their entries are sent by their respective clubs/units/institutions for the GMAAA Senior/Age Group Meet in the events that they desire to be considered for selection for the State Meet. They are also required to make an application well in advance before the GMAAA Senior/Age Group Meet intimating the country they desire to visit and coach under who they would be training. Please note that exemption from participation in the GMAAA Age Group/Senior Meet will not be granted to Swimmers training outside Mumbai but within India.
- e) Ordinarily, no request for seeking exemption from participation in the GMAAA Senior/Age Group Meets under any other circumstances will be entertained. However, in extraordinary circumstances and only as an exception, the President and General Secretary of the GMAAA may, if satisfied with the genuineness of the request after examining the facts and extenuating circumstances, consider such requests favourably. It is reiterated, such grants of exemption shall be exceptions and not a rule. Swimmers seeking exemption must ensure that their entries are sent by their respective clubs/units/institutions for the GMAAA Senior/Age Group Meet in the events that they desire to be considered for selection for the State Meet. They are also required to make an application well in advance before the GMAAA Meet with their most recent timings (not older than 3 months from the GMAAA Senior/Age Group Meet) recorded in a competition supported by a Certificate.

RULES FOR REPRESENTING GMAAA FOR THE RELAY RACES AT THE STATE MEETS:

- 1. All the contestants would be eligible to take part in the GMAAA relay teams on the basis of their final timings in the eligible races.
- 2. All interested participants would need to explicitly convey their request for consideration for the relay team participation within 48 hours of the GMAAA Meet closure.
- 3. A relay team thus chosen will be then asked to represent GMAAA at the State Meet.
- 4. Once chosen, the participant must compulsorily be available for the relay race at the designated time. Any failure to do so will result in the participant being debarred from the representing GMAAA in the relays in future. The erring swimmer will also face a 3 month ban from taking part in any GMAAA Meet or any Meet conducted under the auspices of GMAAA. This ban will be effective from the date of the Relay which the swimmer failed to swim.
- 5. If due to unavoidable circumstances, a chosen swimmer is unable to take part, they must give a request to GMAAA in writing one week before the Meet asking for exemption by giving clear reason. Any last moment/ urgent request will be considered by the GMAAA President directly.
- 6. The underlying principle is that if a swimmer is fit to compete in the individual races, then he/she is fit to take part in the relays that they themselves have opted for and hence GMAAA will not take a lenient view of any request for absence for the relay event while taking part in the individual races.

It is an earnest request to all the constituents of GMAAA to carefully read the above instructions and ensure their diligent adherence and compliance to ensure that the swimmers concerned are not put through any hardships in their pursuit of excellence.

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(SNEHAL BHAL) HONORARY GENERAL SECRETARY - GMAAA